


Total Credits
60
Format
Online Coursework
Time to Complete
2 years
Career Spotlight

Deliver on Your Desire to Help Others

The online M.Ed. in Counseling and Development at Winthrop University delivers the knowledge and deep experience you need to become a licensed mental health counselor, preparing you to take the National Counselor Exam (NCE) and the National Clinical Mental Health Counseling Exam (NCMHCE).*

The program is:

- **Accredited** — Coursework meets the standards of and is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP).
- **Flexible** — Learning online means learning when and where is best for you.
- **Supportive** — Classes are kept small and you'll learn alongside a consistent cohort of professionals. This allows for deep engagement between yourself, faculty, and peers.
- **Career Focused** — Choose a concentration in School Counseling or Clinical Mental Health to get the rich hands-on experience and robust knowledge you need to excel in your specialty.
- **Experience-Based** — You'll start working with clients quickly — in your very first practicum — under the careful guidance of faculty and supervisors. In total, you'll complete 700 hours of supervised client contact in practicums and internships.
- **Preparatory** — Graduate prepared to sit for the National Counselor Exam (NCE) and the National Clinical Mental Health Counseling Exam (NCMHCE).

**Professional Licensure Disclosure*

Requirements for professional licensure in counseling vary from state to state. Winthrop's School Counseling program is designed to meet SC and NC licensure requirements for school counseling and may not meet requirements from other states. We are unable to make a determination about whether or not our program will lead to licensure in other states. Before beginning any academic program that leads to licensure, we strongly recommend you contact the state licensing board where you wish to seek licensure to determine whether the program you are considering will meet that state's licensing requirements.

¹ U.S. Bureau of Labor and Statistics. "School and Career Counselors and Advisors." Retrieved on Feb. 6, 2024 from <https://www.bls.gov/ooh/community-and-social-service/school-and-career-counselors.htm>.

² U.S. Bureau of Labor and Statistics. "Substance Abuse, Behavioral Disorder, and Mental Health Counselors." Retrieved on Feb. 6, 2024 from <https://www.bls.gov/ooh/community-and-social-service/substance-abuse-behavioral-disorder-and-mental-health-counselors.htm>.

School and Career Counselor

School counselors will work with students one-on-one and within small groups of kids with similar needs to help them develop skills that support learning and growth.

In 2022, these positions offered a median salary of \$60,140 per year and they expect to see an average growth rate of 5% from 2022 through 2032.¹

Substance Abuse, Behavioral Disorder, and Mental Health Counselors

This group of professionals helps people with a range of issues that span from depression to anxiety to marriage and family counseling.

In 2022, these positions offered a median salary of \$49,710 per year and are expected to grow by 18% through 2032.²

Online M.Ed. in Counseling and Development

The online Master of Education in School Counseling and online Master of Education in Clinical Mental Health Counseling programs at Winthrop University meet the high standards of excellence for the Council for Accreditation of Counseling and Related Educational Programs (CACREP) Accreditation.

Learning Outcomes Snapshot

- By graduation, you'll have mastered the necessary skills that allow you to work ethically and effectively with those in need of mental health services. This includes:
- Applying the Multicultural Counseling Competencies when working with clients
- Explaining human growth and development theories as they apply to the counseling process
- Differentiating among career assessments to inform client needs and growth
- Demonstrating foundational counseling skills that are informed by theory
- Assessing the implementation of group counseling procedures
- Integrating basic concepts of qualitative and quantitative assessment into practice
- Designing a research methodology that will be used to inform their practice

About Winthrop University

Winthrop University, located just outside of Charlotte, North Carolina, in Rock Hill, South Carolina, with a rich history spanning more than 130 years, offers educational excellence in both its campus and online programs. As a student, you will experience a rigorous curriculum and skilled faculty dedicated wholly to our values of service, excellence, diversity and community.

Study at a school ranked:

6th by *U.S. News & World Report* among Southern Public Universities

Among the **"Best in the Southeast"** by *The Princeton Review*

74th by *Washington Monthly* for its contribution to the public good

6th as the Best College for Veterans by *U.S. News & World Report*

Curriculum

The degree program consists of **60 credits** over two years, two practicums, and two internships to build your knowledge and critical experiences that help you deliver excellence in mental health services.

CORE COURSES		CREDITS
CSDV 601	Counseling Theories	3
CSDV 602	Counseling Skills	3
CSDV 603	Career and Lifestyle Development	3
CSDV 605	Diversity Issues in Counseling	3
CSDV 606	Group Counseling	3
CSDV 607	Appraisal of the Individual	3
CSDV 608	Loss, Grief and Crisis Counseling	3
CSDV 614	Lifespan Developmental Counseling	3
CSDV 617	Family Counseling	3
CSDV 618	Addiction Counseling	3
CSDV 621	Diagnosis and Treatment Planning Counseling	3
CSDV 622	Seminar in Counselling Children and Adolescents	3
CSDV 623	Advanced Counseling Intervention	3
CSDV 640	Educational Research and Design	3
CLINICAL MENTAL HEALTH CONCENTRATION		
CSDV 604	Foundations and Ethical Issues in Community Mental Health	3
CSDV 615C	Clinical Mental Health Program Planning, Consulting and Supervision	3
SCHOOL COUNSELING CONCENTRATION		
CSDV 613	Foundations and Ethical Issues in School Counseling	3
CSDV 615S	School Planning, Consulting and Supervision	3
PRACTICUMS AND INTERNSHIPS		
CSDV 610A	Practicum I	3
CSDV 610B	Practicum II	3
CSDV 611	Internship I	3
CSDV 612	Internship II	3